

Sunday 16th August 2020

This short act of worship has been prepared for you to use whilst we are unable to use Methodist Church premises. If you are well enough why not spend a few moments with God, knowing that other people are sharing this act of worship with you.

Opening Prayer

“Be Still and Know that I am God.”

Sit back. Breathe deeply. quieten yourself and listen to the noises around you; birds outside, the fridge humming, cars passing by, the neighbour working outside. Offer these things to God in thanks.

Father, I thank You for all there is in our world, natural and man made. As I come into Your presence, I celebrate them and praise you for them. Speak to me through all those things and through Your Word today. **Amen.**

Prayer of Confession: In this time quiet as the Holy Spirit to bring to mind anything which you need to confess and repent. Give the Holy Spirit time to bring things to mind for if we say we have no sin, we deceive ourselves and the truth is not within us and we make God out to be a liar!

Absolution - But if we confess our sins God is faithful and just and will forgive us our sins and cleanse us from all unrighteousness.
Therefore to all who truly repent, hear those wonderful words of grace when God says, ‘Your sins are forgiven. Amen

Hymn: 216 And Can it Be

Let us pray together

Lord, I come before You and acknowledge that You are King of Kings and Lord of Lords.

I bow before you and recognise You as the one who is able to do great things.

Help me to trust You and listen to your reply as I call out to You.

Gospel Reading: Matthew 15: 1-20

Read rev. Ken’s Sunday sermon titled, “Did Peter use hand sanitiser?”

Time to Reflect

Hymn: 739 May the mind of Christ

A time of prayer

Re-read the last verse of the hymn. Take a time to sit quietly

“Bold I approach the eternal throne ...”
I approach Your throne for the people I know personally that need a special touch from You. I picture them as I place them into Your loving hands.

I approach your throne for the people who are shouting out with questions and despair and don’t know where to turn. Be their comfort Lord.

I approach Your throne for those far from me and give to You their needs, knowing that I can trust You to respond as I pray for.....

The Lord’s Prayer
Our Father

Hymn: 816 Happy the souls

Task: Consider what you are going to offer God for His kingdoms work today.

Offertory: Give thanks to God for all His many blessings and for what we offer back to God from our hearts and lives for His service.

A prayer of blessing

In the joys, may I celebrate with You Lord.

In the troubles, may I shout out to You with boldness and listen to You in faith.

And in the everyday, may I journey on with You.

Amended Original Materials by Alan Darlington